



# Cardio Boot Camp

With Instructor **Erin Harris**

- Cardio
- Weights
- Toning
- Stretching

All in one great workout

Come and have a **FREE** trial class!

**Start your weekend off right!**

**Saturday 8:30-10:00am**

Call to Register  
APA Prescott  
218 N Granite St  
778-7529

